

MEDICAID & INSURANCE NAVIGATION

Support for parents requiring insurance.

HealthLinc..... 888.580.1060, ext. 4405 or email: navigator@healthlincchc.org
Community Caring Connections - Northwest Health – La Porte..... 219.326.2311
Prenatal Assistance Program - Franciscan Health 219.214.4700

FREE ITEMS AVAILABLE FROM YOUR MEDICAID PROVIDER

Families enrolled in Medicaid as their insurance provider may be eligible for these free items.
Contact your insurance provider to learn more.

Rewards/gift cards for healthy living	Discounts on car maintenance, food, shoes, etc.
Nurse midwife services and/or Nurse-on-Call Line	Cell phone with minutes, data, and text capability
Breastfeeding Kits	Dental care for moms-to-be
Baby scales	

CAR SEATS, INSTALLATION INSTRUCTION, AND REPLACEMENTS

La Porte County Health Department 219.326.6808, ext. 2438
La Porte Fire Department 219.362.3456

DIAPERS & CRIBS, BASSINETS, & PACK-N-PLAYS

Geminus (covering La Porte County) 888.357.4264
Healthy Families - Dunebrook 219.874.0007
La Porte County Health Department 219.326.6808, ext. 2200
Prenatal Assistance Program – Franciscan Health 219.214.4700
Women's Care Center 219.324.4646 or 219.874.4646
Salvation Army 219.326.5342 **LA PORTE** or 219.874.6885 **MICHIGAN CITY**

TRANSPORTATION

Medical-Related Transportation Available Through Medicaid Insurance Provider

For moms-to-be to schedule a trip to the doctor, pharmacy, etc. Call **855.325.7586**, press **option 1 for English** or **press option 2 for Spanish**. Or book your trip online by setting up a secure member portal account by completing the member account profile form at <https://member.southeastrans.com/Account/Register>

Other Available Transportation Services

Paladin provides non-emergency, non-medical transportation services, Monday through Friday, 6 AM to 6 PM. To schedule call **219.326.7889** between the hours of 8 AM to 3 PM. If you receive a voicemail message, leave a message that includes your name, date, time and length of appointment, and a call back number. *If you are a recipient of Medicaid, please call the phone number on the reverse side of your insurance card to arrange transportation.*

<https://paladin.care/non-emergency-transportation-services>

La Porte Transport – Serves residents of La Porte and 2 miles outside city limits

To reserve a ride for a scheduled appointment (call at least with a 24-hour notice, up to two weeks in advance) or to request same day pickup, call **219.362.6565**, Monday through Friday, 6 AM to 7 PM, with last ride pick up at 6:15 PM, and Saturdays 9AM to 2 PM, last ride at 1:15 PM.



MATERNAL CARE IN LA PORTE COUNTY



140 East Shore Parkway
La Porte, IN 46350
219.326.2471

hflaporte.org • contact@hflaporte.org





HEALTHCARE, EDUCATION & PREGNANCY SUPPORT

Doula Services & Breastfeeding

Doulas are trained professionals who provide physical comfort, trained breastfeeding support, and information to expectant and new parents during pregnancy, labor and delivery, and the postpartum period. Currently, the B.A.S.E. Doula Program is accepting clients who live in La Porte County who are eligible for Medicaid. Community Doula Services provides system navigation paired with birth and postpartum support, home visits, advocacy, and evidence-based information.

574.835.7277 **B.A.S.E. Doula Services**
Community Doula Services (Bilingual English/Spanish)
<https://communitydoulaservices.org>

HealthLinc

Services offered include primary care, prenatal care (La Porte only), dental, behavioral health, optometry, obstetrics, pediatrics, pharmacy services, outreach services, chronic disease management, civil-legal aid, and insurance enrollment services. HealthLinc does not turn patients away based on legal citizenship status.

219.326.0043 **LA PORTE** • 219.872.6200 **MICHIGAN CITY**
<https://healthlincchc.org/services/>

Healthy Families – Dunebrook

Healthy Families at Dunebrook serves families with children prenatally or at birth and participants may remain in the program until the child's 5th birthday. Healthy Families supports parents and empowers them to be the best parents they can be by providing education, resources, and postpartum support. Services come to you and are free, voluntary, personalized, and confidential. Healthy Families offers Safe Sleep education with a free pack-n-play and Safe Sleep Kit to families that complete the welcome visit. A *Breastfeeding Peer Support Group* led by a Certified Breastfeeding Specialist meets monthly at Dunebrook. *Pop-up Playdates*, *Grow with Dunebrook*, and other playgroups are hosted throughout the year.

219.874.0007 • <https://dunebrook.org/programs/healthy-families-program>
Facebook: Healthy Families Dunebrook, Inc.

Nurse-Family Partnership – Nurse Home Visiting Program

This program pairs first-time parents with a registered nurse to support them throughout their pregnancy until their baby is two years old. Nurses provide parents with the advice and information they need to have a healthy baby and be great parents.

574.472.7378 • <https://www.nursefamilypartnership.org>

Perinatal Case Management – Northwest Health

The perinatal case management team cultivates connections for prenatal and postpartum patients. The social worker and OB provider will help you determine areas of support and resources needed. Referrals for these can include, but are not limited to, referrals to mental health counseling, parenting support programs, WIC, transportation assistance, and more. The team works to advocate for the mother and her family within the healthcare setting and as they access community supports.

219.326.5700, ext. 455 **LA PORTE** • 219.879.6262 **MICHIGAN CITY**

Prenatal Assistance Program - Franciscan Health

Provides pregnant and parenting mothers with assistance in accessing hospital and community resources, including obstetrical care, education, and emotional support. The team includes a registered nurse, a behavioral health clinician, and a case manager. Support provided includes infant clothing and supplies, pack-n-plays, supplemental diaper pantry, nutrition, and pregnancy-related education, including mental health services, WIC and SNAP assistance, and insurance navigation. All inquiries and participation are confidential.

219.214.4700

Samaritan Counseling Center

The Center's perinatal trained counselors are available to help develop a plan to decrease anxiety and stress for moms during pregnancy. Samaritan's counselors also treat addiction and mental trauma issues, and offer services focusing on marriage and family problems, personal struggles with anxiety, depression, loss and grief, spiritual guidance, aging, and family-related addiction issues.

219.879.3283 • <https://samaritancounselingmc.org>

Strengthening Indiana Families, La Porte County Family Resource Center

The Center provides support, resources, and connections to families for their individual needs and goals. Families are provided with a variety of safety items such as safety gates and kits for babies/toddlers, fire extinguishers, carbon-monoxide smoke alarms, window and door alarms, and first aid kits. Families with a baby are permitted five items a month out of *Susy's Store*, including 20 diapers and a pack of wipes.

219.575.7363 • <https://strengtheninginfamilies.org>
Facebook: Family Resource Center La Porte County, Indiana

Women's Care Center

Women's Care Center provides confidential counseling, pregnancy testing, ultrasound, education and new baby items for pregnant women and their families. All services are free of charge and walk-ins are always welcome.

219.324.4646 **LA PORTE** • 219.874.4646 **MICHIGAN CITY**
<https://www.womenscarecenter.org>

Women, Infants & Children (WIC)

Provides special supplemental nutrition program, WIC food packages, breastfeeding promotion and support, and farmer's market nutrition program.

LA PORTE 219.326.7565 • **MICHIGAN CITY** 219.879.3025
<https://www.in.gov/health/wic/> App: Search "INWIC" or "Indiana WIC" at the App Store or Google Play